

**INFANT JESUS CONVENT SCHOOL  
ANNUAL PLAN  
DANCE  
CLASS: 1<sup>ST</sup>**

<b>MONTH/NO OF DAYS</b>	<b>TOPIC: SUB TOPIC</b>	<b>OBJECTIVES</b>	<b>AIDS/ACTIVITIES</b>	<b>MULTIPLE INTELLIGENCE SKILLS</b>	<b>LEARNING OUTCOME</b>
<p style="text-align: center;">APRIL No Of Days:14</p>	<p>DANCE on Chhote chhote tamashe (Theme: Imagination)</p> <ul style="list-style-type: none"> <li>*Flat foot steps</li> <li>*Free hand exercises</li> </ul>	<p style="text-align: center;"><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*The Rhythm Of the dance</li> <li>*Standing posture</li> <li>*Hand gestures and their uses</li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*List the favorite step</li> <li>*Memorize the movements</li> </ul> <p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Dancing skills</li> <li>* Confidence</li> </ul> <p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Practice the steps of dance</li> <li>Applying various expressions</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Walk in laya</li> <li>*Experiment</li> <li>*Categorized the steps</li> </ul>	<ul style="list-style-type: none"> <li>*Interpersonal</li> <li>*Physical Experience</li> </ul>	<p style="text-align: center;">Students will be able to perform with expressions</p>

<p>MAY No Of Days:10</p>	<p>*Itni si hanshi *Lakdi ki Kathi *Guru Slokam</p>	<p><b>Students will be able to understand:</b></p> <p>*Movement through tempo, rhythm</p> <p>*Match the steps</p> <p>*Count the beats</p>	<p><b>KNOWLEDGE</b> *Identify proper postures and dance moves Memorize dance steps</p> <p><b>SKILLS</b> *Dancing skills * Confidence Adaptability</p> <p><b>APPLICATION</b> *Practice the steps of dance *Analysis the root of the dance</p> <p><b>UNDERSTANDING</b> *Experiment *Categorized the steps *Express feelings</p>	<p>*Physical Experience *Dancing Experience *Interpersonal *Intelligence</p>	<p>Students will be able to</p> <p>*Know standing postures *Identify hand movements</p>

<p>JULY No Of Days:21</p>	<p>*Dance on Sa re ke sa re song *Heel foot steps *Nataraj slokam</p>	<p><b>Students will be able to understand:</b> *Match the steps *The meaning of the song and give expressions accordingly</p>	<p><b>KNOWLEDGE</b> *List the favourite dance songs *Memorize the words and steps</p> <p><b>SKILLS</b> *Adaptibility *Dancing Skills *Confidence</p> <p><b>APPLICATION</b> *Practice the dance *Demonstrate</p> <p><b>UNDERSTANDING</b> *Contrast *Expression</p>	<p>*A physical experience *Linguistic *Intrapersonal</p>	<p>Students will be able to * Identify hand movements *Make formations *Count the beats</p>
<p>AUGUST No Of Days:20</p>	<p>*Patriotic dance on Mere desh ki dharti *Walking movements</p>	<p><b>Students will be able to understand:</b> *Marching pattern of the dance *Speed of the dance</p>	<p><b>KNOWLEDGE</b> *Relate the dance with nation *Identify proper footwork</p> <p><b>SKILLS</b> *Performance *Adaptibility *Confidence</p>	<p>*Linguistic *Interpersonal *Dancing intelligence</p>	<p>Students will be able to: *Understand the expression *Standing posture *Co-ordination</p>

			<p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Practice the steps</li> <li>*Analysis the root of the dance</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Experiment</li> <li>*Compare</li> <li>*Differentiate</li> </ul>		
<p>SEPTEMBER</p> <p>No Of Days:</p>	<ul style="list-style-type: none"> <li>*Chanda chamke</li> <li>*Butterfly dance</li> <li>*Free style movements</li> </ul>	<p><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*Actions with song hand and foot work</li> <li>* The Rhythm Of the dance</li> <li>*Match the steps</li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*List the single hand gestures</li> </ul> <p>Identify the category of dance</p> <p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Confidence</li> <li>*Dancing Skills</li> <li>Adaptability</li> </ul> <p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Practice of dance steps</li> <li>*Analysis the root of the dance</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Differentiate</li> <li>*Compare</li> </ul>	<ul style="list-style-type: none"> <li>*Dancing Experience</li> <li>*Interpersonal</li> <li>*Intelligence</li> </ul>	<p>Students will be able to</p> <ul style="list-style-type: none"> <li>*Identify hand movement</li> <li>*Standing Postures</li> </ul>

CONDUCTION OF PT-2 ASSESSMENT

<p>OCTOBER No Of Days:19</p>	<p>*Dance on Zoobi doobi *Head movements</p>	<p><b>Students will be able to understand:</b></p> <p>*Meaning of the dance and give expressions</p> <p>*Speed of the song</p> <p>*Meaning of head movements</p>	<p><b>KNOWLEDGE</b></p> <p>*Memorizethe steps *Make chart for head movements</p> <p><b>SKILLS</b></p> <p>*Creative skill *Dancing skill *Confidence</p> <p><b>APPLICATION</b></p> <p>*Practice of the steps *Applying various hand gestures</p> <p><b>UNDERSTANDING</b></p> <p>*Experiment *Contrast</p>	<p>*Physical experiment *Intrapersonal</p>	<p>Students will be able to:</p> <p>*Identify various single hand gestures *Make formations</p>
<p>NOVEMBER No Of Days:19</p>	<p>*Prayer dance  *Dhadak dhadak song  *God gestures</p>	<p><b>Students will be able to understand:</b></p> <p>*The beats of the song</p> <p>*Match the steps</p> <p>*Make chart of hand gestures</p>	<p><b>KNOWLEDGE</b></p> <p>*Brief introduction of famous dancers</p> <p>*Make chart of hand gestures</p> <p><b>SKILLS</b></p> <p>*Dancing skill *Adaptibility</p>	<p>*Linguistic  *Dancing  *Intelligence  *Physical experience</p>	<p>Students will be able to:</p> <p>*Understand how to dance with confidence *Count the taal beats in hand</p>

			<p>*Confidence</p> <p><b>APPLICATION</b></p> <p>*Practice the steps</p> <p>*Analysis the mood of the dance</p> <p><b>UNDERSTANDING</b></p> <p>*Experiment</p> <p>*Confidence</p>		
<p>DECEMBER</p> <p>No Of Days:11</p>	<p>*</p> <p>*Christmas dance on Jingle bell song</p> <p>*Sufi dance</p>	<p><b>Students will be able to understand:</b></p> <p>*How to act through dance</p> <p>*How to give expression according to the song</p>	<p><b>KNOWLEDGE</b></p> <p>*How to walk in rhythm</p> <p>*How to make formations</p> <p>*Relate the song with almighty God</p> <p><b>SKILLS</b></p> <p>*Confidence</p> <p>*Performance</p> <p>*Intelligence skill</p> <p><b>APPLICATION</b></p> <p>*Demonstrate</p>	<p>*Social experience</p> <p>*Physical experience</p> <p>*Dancing intelligence</p>	<p>Students will be able to:</p> <p>*Know the proper expression</p> <p>*Make formations</p>

			<ul style="list-style-type: none"><li>*Compare</li><li>*Practice the steps</li></ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"><li>*Contrast</li><li>*Experiment</li></ul>		

CONDUCTION OF PT-3 ASSESSMENT

<p>JANUARY No Of Days:16</p>	<p>Dance on Jai hind song *Free style dance moves</p>	<p><b>Students will be able to understand:</b> *Match the steps *tempo *rhythm</p>	<p><b>KNOWLEDGE</b> *Memorize the steps *Identify proper expression and foot work</p> <p><b>SKILLS</b> *Adaptability *Dancing skills</p> <p><b>APPLICATION</b> *Demonstrate *Analysis the root of the dance</p> <p><b>UNDERSTANDING</b> *Contrast *Differentiate *Compare</p>	<p>*Intrapersonal *A physical experience</p>	<p>Students will be able to: *Know the beats  *Proper hand movements</p>
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<p>FEBRUARY No Of Days:21</p>	<p>Folk dance of India</p> <ul style="list-style-type: none"> <li>*Kashmiri</li> <li>*Revision</li> </ul>	<p><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*Various dance forms of different states</li> <li>*Make formations with co-ordination</li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*Students will make collage of various folk dances of India</li> <li>*Memorize the steps</li> </ul> <p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Dancing skill</li> <li>*Adaptability</li> <li>*Confidence</li> </ul> <p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Demonstrate</li> <li>*Contrast</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Experiment</li> <li>*Confidence</li> <li>*Differentiate</li> </ul>	<ul style="list-style-type: none"> <li>*Social experience</li> <li>*Physical experience</li> <li>*Interpersonal</li> </ul>	<p>Students will be able to:</p> <ul style="list-style-type: none"> <li>*Make formations</li> <li>*Give expressions according to the lyrics</li> </ul>
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MARCH No of Days:	FINAL ASSESMENT